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PHOENIX NEWS

Soaring to New Heights

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AYC Valentine's Party

Students who earned C's or higher in all courses, had zero unexcused absences, and zero detentions in Quarter Two were crowned "collegiate" and had fun dancing, eating Valentine's Day treats, and playing basketball and musical chairs at our quarterly AYC party on Thursday, 2/7! Congrats to all our Collegiate students!



IMPORTANT DATES

- 2/15: SGA MOVIE NIGHT @ 7PM
- 2/16: MOCK TRIAL COMPETITION
- 2/18: NO SCHOOL
- 2/21: PERT
- 2/22: GARNET DAY
- 2/23: PROSPECTIVE STUDENT OPEN HOUSE @2PM
- 2/25: FSA ELA WRITING RETAKE
- 2/26: PAC TOWN HALL MEETING @6PM
- 3/4: NON-STUDENT DAY
- 3/5: FSA ELA READING RETAKE SESSION 1
- 3/6: FSA ELA READING RETAKE SESSION 2

Principal's Corner

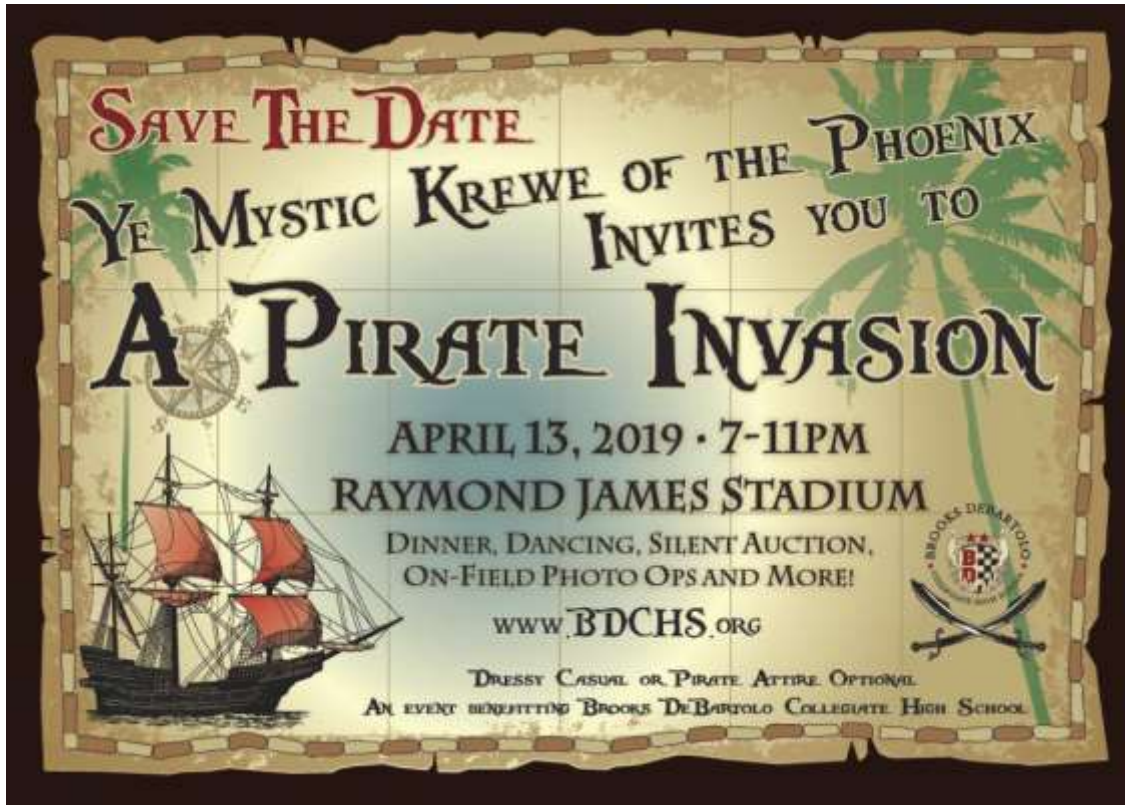


We have so much to be proud of here at Brooks DeBartolo. Our students have earned some amazing achievements recently. Congratulations to our Art students for their various wins at local and regional art competitions including Project LEAD (Learn. Empower. Advocate. Dream.), Scholastic Art Contest, and the Native American-Alaskan Native Heritage Contest. Our stellar Music students earned Excellent and Superior ratings at the All-County Music competition. The Girls Basketball Team are District Champs and are advancing to the Regional Tournament. For Are You Collegiate, there were 72% of students who are on track with behavior, attendance, and academics for Quarter 2, and we are celebrating that 54% of our students achieved Honor Roll for Quarter 2. And, of course our student organizations such as Student Government Association (SGA) continue to build a positive school environment through efforts such as Unity Week. We also wish our Mock Trial and Mechanical Engineering Teams well this weekend as they compete.

A big "Congratulations!" to Kendall Hartland, a National Merit Scholarship Finalist! We encourage all students to prepare and do well on the PSAT so that they can earn this distinguished recognition and have the opportunity for some amazing scholarships.

We would not be able to support our students without support from our families. We hope to see you at "A Pirate Invasion" on April 13th! All proceeds directly support the instructional needs of our students and teachers. Help us continue to *Soar to New Heights!*

It's a Pirate Invasion!



Be sure to join in on the fun at the Spring Event!

Click [here](#) for detailed information to see how to get involved.

If you experience difficulties accessing the hyperlink, copy and paste the following link into your address bar: <http://bdchs.org/support-bdchs/2019-spring-event/>

First Aid Basics

Do you know what to do in case of an emergency?

- If not, immediately call 911.
- Check your surroundings for danger and make sure you are safe.
- Protect yourself, wear gloves!
- Keep calm and composed.
- Check for breathing and pulse (pulse can be checked with pointer and middle finger on the inner wrist or throat under the jaw bone).
- Comfort the injured person and have them stay still until help arrives.
- Stop heavy bleeding by firmly wrapping a bandage.

First Aid Kit Essentials

1. Adhesive and roller bandages of assorted sizes
2. Gauze pads and medical tape
3. Antibiotic ointment
4. Gloves and CPR breathing barrier mask
5. Instant cold pack and blanket
6. Scissors and tweezers
7. Aspirin, Acetaminophen, or Ibuprofen



If you don't have formal training, you can use hands-only CPR to help keep someone alive until professional help arrives.

Here's how to treat an adult with hands-only CPR:

1. Place both hands on the center of their chest, with one hand on top of the other.
 2. Press straight down to compress their chest repeatedly, at a rate of about 100 to 120 compressions per minute.
 3. Compressing the chest to the beat of "Staying Alive" by the Bee Gees
 4. Continue performing chest compressions until professional help arrives.
- If you have a breathing barrier you can perform a ratio of 30 chest compressions: 2 rescue breaths

References

Weatherspoon, D. (2018, November 5). Introduction to First Aid. Retrieved from <https://www.healthline.com/health/first-aid#cpr>

PAC Updates



You're Invited!

Come join us on Tuesday, February 26th for our PAC Town Hall Meeting. Seniors from the class of 2019 will be presenting the various student related topics below. All students, parents, and community members are invited. We will hold the panel discussion from 6pm-7pm. Anyone who would like to stay to help with the planning and perpetration of our annual Spring Event will meet from 7pm – 7:30pm. We are looking forward to an informative and productive evening. See you there!

PAC Workshop Topics:

- College Preparation (ACT/SAT prep; scholarships, Bright Futures, choosing a major, researching schools, college applications, being college ready)
- Self Care (mental health, sleep, nutrition, finding your passion, managing stress, seeking happiness)
- Relationships (avoiding drama, asking for help, choosing the right friends, creating relationships with teachers, counselors, etc.)
- Life Lesson (time management, adapting to change, making smart choices, organization/planning, being flexible, capitalizing on opportunities)
- Finish High School (choosing the right classes, knowing graduation requirements, attendance/timeliness, future planning, extracurricular activities, dual enrollment/AP classes, maintaining good grades)



Dale Kimball
PAC Coordinator/Parent Representative to the BOD
dkimball@tampabay.rr.com (Please put "PAC" in the subject line.)

PAC Updates Continued

BAND INSTRUMENTS Needed (New or Used)
Please drop off any donations at the school front office.

- Alto Sax
- Bari Saxophone
- Baritone
- Bass Clarinet
- Bass Drum
- Bassoon
- Bell Kit
- Bells
- Clarinet
- Cymbals
- Double French Horn
- Flute
- French Horn
- Marimba
- Oboe
- Open-Hole Flute
- Percussion Kit
- Single French Horn
- Snare
- Snare Drum
- Tenor Sax
- Trombone
- Trumpet
- Tuba
- Xylophone Kit



Band Competition

This weekend, we had 8 students participate in the District 7 Solo and Ensemble Festival for both voice and band instruments. All of our students represented BDCHS beautifully with passionate, heartfelt, well-prepared performances.

As a reference for the event, students prepared solo literature that they then performed for a licensed adjudicator, who assigns the student a rating based on a rubric.

Band students performed one piece of standard literature on their instrument with selections graded in difficulty from a 1 to a 7 (7 being the most difficult, grade 5+ belonging to standard collegiate literature). Adjudicator ratings range from a "Superior" (an "A") to a "Poor" (an "F"). In order of their performances:

- Benjamin Vantoorenburg: *Tocatta by Aram Khachaturian, Grade 5 Piano Solo, Superior (w/ distinction, performed from memory)*
- Kavan Tatapudi: *Rendezvous by Forrest Buchtel, Grade 3 Flute Solo, Superior*
- Dexter Limcangco: *Rendezvous by Forrest Buchtel, Grade 3 Flute Solo, Superior*
- Katie Hull: *Concerto No. 3 for French Horn by W.A. Mozart, Grade 5 Horn solo, Superior*
- Marlon Edwards: *Air on the G String by J.S. Bach, Grade 3 Trumpet Solo, Excellent*
- Alec Jiminez: *Morceau Symphonique by F.A. Guilmant, Grade 5 Trombone Solo, Superior*

Voice students are required to perform 2 selections in contrasting styles, both from memory. Students perform in either the "classical art song" category or the "vocal jazz/musical theater" category.

- Jazmine Jackson, Classical Art Song - *Caro Mio Ben by Gordani & American Lullaby by Gladys Rich - Excellent*
- David Gonzales, Vocal Jazz/Musical Theater - *I Am A Pirate King from The Pirates of Penzance by Gilbert and Sullivan & I'm Going Home from Rocky Horror Picture Show by Richard O'Brian, Superior*

These students all achieved something monumental this weekend. It is difficult for teenagers to offer up themselves and their work to the criticism of strangers, knowing full well the results will be attached to our school name and posted for the world to see. It takes tremendous bravery, not to mention the hours of work and training that go into preparing the music. These students were almost entirely self-directed, and they gave their performances everything they had! We are extremely proud of their work and resilience. If you see any of these students this week, feel free to wish them congratulations!

Our next events are Spring MPA (Music Performance Assessment) for Band and Choir, in March. We are looking forward to many more outstanding performances from our young musicians!

GO PHOENIX!

Girls' Basketball Semifinals By: Haley Perera

The BDCBS girls' basketball team is doing fantastic this season! They reached the district semifinals and won against Academy of Holy names in a 52-18 lead. The team advanced to the District Championship and took the win against Tampa Catholic. The Lady Phoenix team then won the District Championship on Friday night. These young ladies have overcome a lot this season and we're all very proud of them. If you see any Lady Phoenix players, please congratulate them on another successful season!

GO PHOENIX!



Florida State Fair Art Exhibits By: Gage Davis

BDCHS Art students had their work featured at the Florida State Fair.

Bridget Kimball and Valerie Roberts were among the students recognized.

Congratulations to all of our talented Phoenix artists!

You inspire us always!

